

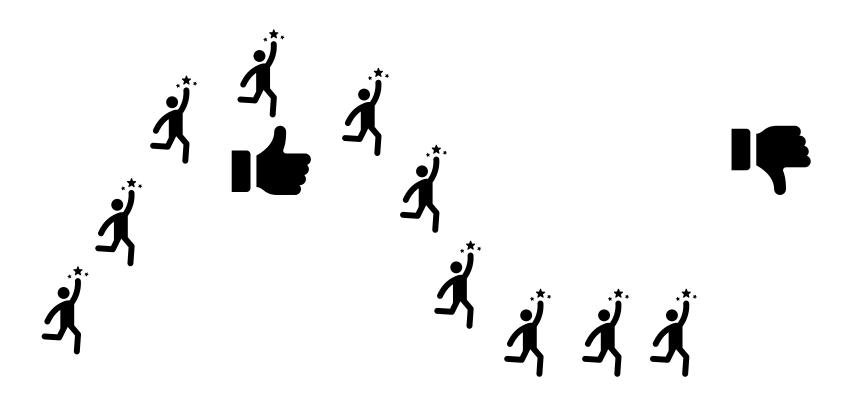
## National competency documents for CRNs in Sweden

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## **QUESTION**

Has someone asked you this question before:

## You are a CRN? What does a research nurse do?





UPPSALA UNIVERSITY HOSPITA

# There is no real change without people who dare to think

in new dimensions...

#### Local CRN group

68 semi-standardised interviews and workshops with 55 CRNs to delineate CRN role







#### Introductory year (12months)

Newly hired CRNs. We offer GCP certificate, course handling of blood samples, webinars, introductory day with guest speakers, Clinical guidance and reflection groups, a mentors program and support from the local CRN network



## 21

#### National network

Embedded into the Swedish Pharmaceutical Society which is a nonprofit organization for professionals engaged in the field of Pharmaceuticals. Member fee 45 Euro/ year.

## National conference

Aim is to get together, educate and inspire CRNs and midwifes from all around Sweden.

#### Local competency model for CRNs

Evaluate interviews and started a project group in cooperation with HR department. Started several project groups to work with routines, SOPs, guidelines and checklists under 2019.







#### National jobb description for CRNs

National project group with members from all seven university hospitals in Sweden. Research grant reimbursed meeting hours for participants. Jobb description published as open source document. Possible to chage / edit document regarding specific job position and competency level.





#### National project group

Continued work with results from the national jobb description project. Started to define compretencies, educational requirements and specialized practice. The project group has 17 members and includes a nursing researcher.



## A conference for CRNs and midwifes is emerging...

#### Local CRN conference

Workshops with 55 CRNs and midwifes to deliniate CRN role – foundating work for the local competency model





#### Virtual conference

The planned in person conference needed to be changed to a virtual conference due to Covid pandemic. About 130 participants, without attendence fee.





#### National conference

In cooperation with Lif who is the industry organization for research-based pharmaceutical companies in Sweden. 159 in person attendees, 50 speakers and contributers and 110 virtual participants.





#### Regional CRN conference

Workshops with about 100 CRNs from our region (mid Sweden), guest speaker from England





#### First national conference





First in person and virtual conferecnce in Sweden. Exibition area and interview with sponsors during conference day. Hybrid event with 90 in person attendees, 50 speakers and representatives and about 130 virtual participants. www.vikanforskning.se

#### National conference

Planned as a cooperation project with Lif (industry organization for research-based pharmaceutical companies in Sweden), Uppsala Research Center (public CRMO) and Biobank Sweden. Need for sponsors and collaborations.





# How everything started...



### 2018

A project group with 8 senior CRNs started to work with a local competency model and introductory program for unexperienced CRNs at the Uppsala University Hospital.

## Local competency model at the Uppsala University Hospital

## Competency model goals:

- professional development
- job satisfaction
- job continuity

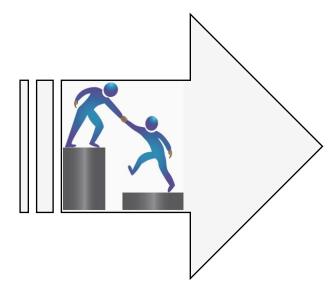
Unexperienced Clinical Research Nurse Independent Clinical Research Nurse Experienced Clinical Research Nurse Clinical Research Nurse with special assignment

Clinical Research Nurse chief / leader

**Academic supplementary training** 

# 12-months introductory program





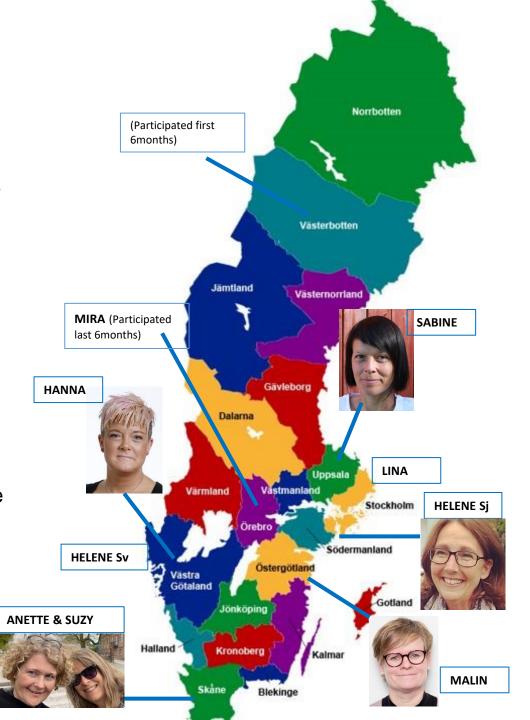
- GCP course
- Course handling of blood samples
- Webinars
- Introductory day with guest speakers
- Clinical guidance (12months)
- Reflection groups (every 4weeks)
- Mentors program
- Support from local CRN network



# Our way to a national job description...

- 1) Presented our local competency model for other research facilities at the regional CRN conference in 2019
- 2) Had in-person meetings with key players / leaders at research facilities
- 3) Got attention nationally and support from industry / organizations
- 4) Got research funding for our project group. We could offer to reimburse meeting hours for participants (up to two participants from each university hospital in Sweden)
- 5) Started the project with an in person meeting / kick-off
- Schedule for digital meetings and plan project meeting dates a long time in advance!
- 6) We had reference groups and sent out draft versions to referral

Total time frame for the project: 1.5 years, 15 virtual meetings



## National job description document structure



General qualifications and knowledge

- RN certificate / license
- actual GCP certificate
- competency / knowledge about legal background and ethical issues



Before the study starts

- CRN/midwife responsibilities
- Investigator delegates to CRN
- Sponsor delegates to investigator / CRN



During an ongoing study



Study closure / end of clinical project

# What we learned during the project...

- Engage chief nurses and National Board of Nursing
- Send out draft document to a lot of key players for referral
- Be flexible with meeting dates and hours because of other commitments who interfere with scheduled meetings
- As a project lead be aware of a lot of administrative work load in between the meetings
- A great way to revise a document is to use Office365 Sharepoint, "comment function"
- Revise the document in "online" mode (updates the draft version automatically)
- Make sure that ALL members work with the same document version!

# Work in progress....

In January 2022 we started a new national working group with expert guidance from a nursing researcher and lecturer.

Goal is to establish a

## national competency model for CRNs and midwifes in Sweden

We are trying to define the roles and practice domains of the CRN. We try to focus on the clinical practice domain because this could lead to a CRN specialty practice education.

provide direct nursing care to research patients

Monitor the research patient and report potential AE

provide teaching to research patients and family

Research participant recruitment

Screening potential research participants for eligibility

Collaborate with the interdisciplinary team

human subject protection during informed consent process

activities to support protocol implementation

record research data in medical record and approved case report form



Coordinate and facilitate communication among research sites and team members

Assure data collection based on study endpoints

Provide nursing expertise

Participate in site visits and audits

Mentor junior staff

facilitate scheduling and coordination of study procedures

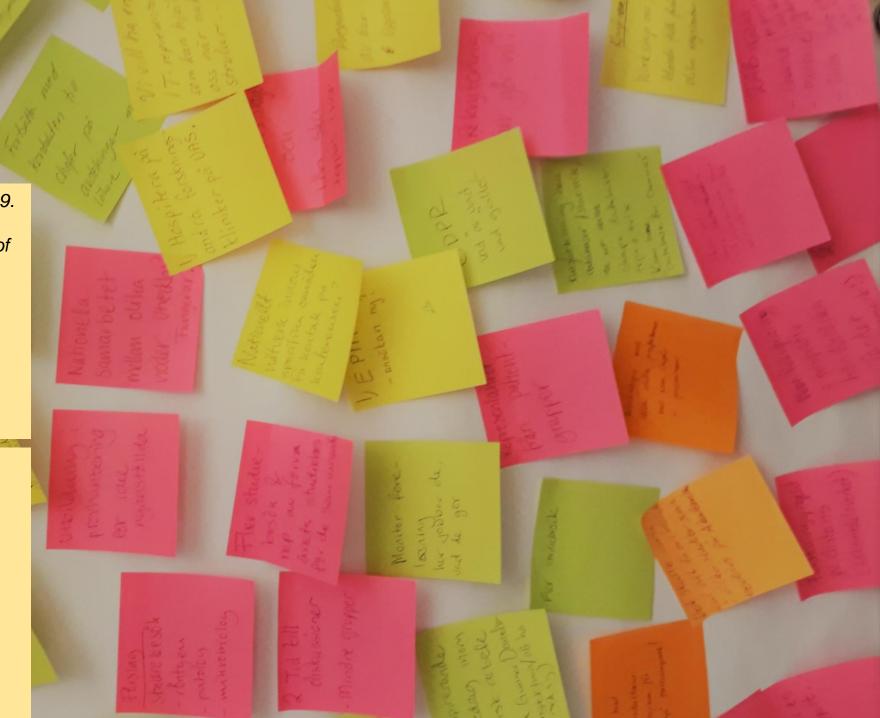
facilitate processing and handling of research specimen and material

CRN 2010 Domain of Practice Committee 2009. "Building the Foundation for Clinical Research Nursing: Domain of Practice for the Specialty of Clinical Research Nursing"

- Clinical Practice
- Human Subject Protection
- Contributing to the science
- Care coordination and continuity
- Study management

Sherwood & Barnsteiner (2013) "Quality and Safety in Nursing: A Competency Approach to Improving Outcomes"

- Patient-Centered Care
- Teamwork and Collaboration
- Quality Improvement
- Evidence Based Practice
- Safety
- Informatics



## **Preliminary document structure**



Background information such as:

- care vs research,
- ICH-GCP and other legal requirements,
- patient vs research participant,
- Scope of practice and populations served by CRNs/midwifes
- New trends and area of practice



CRN role definition vs other roles in a multi professional research setting



Scope and standards of practice

# Further work is needed... (wish list)

- National introductory program (online)
- Include more primary care facilities into the national network
- Literature on clinical research nursing, scope and standards of practice, core curriculum
- Clinical research nursing lectures in nursing school
- Internship possibilities and student placement
- Specialized CRN/midwife nursing program which is recognized by the National board of nursing and the ministry of health
- Possibility for a masters and PhD program in clinical research nursing/midwifery





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