



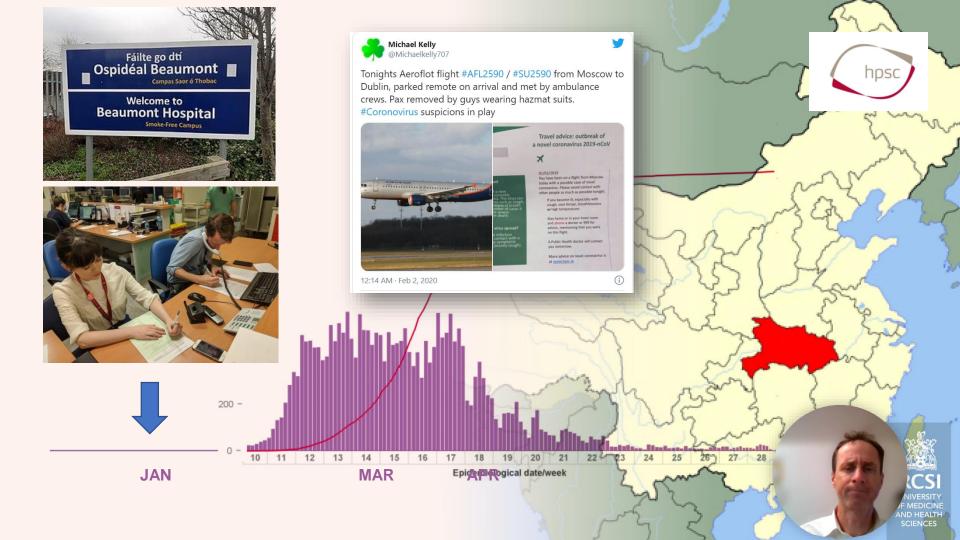
# COVID-19 & Clinical Research

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Consultant in Infectious Diseases
Senior Lecturer RCSI











Remdesivir in adults with severe COVID-19: a randomised, double-blind, placebo-controlled, multicentre trial





Health Topics V Countries v

Airector-General / Speeches / Detail / WHO Director-General's opening remarks WHO Director-General's opening remarks at the media briefing on COVID-19 - 25 May 2020

The NEW ENGLAND JOURNAL of MEDICINE

### ORIGINAL ARTICLE

Observational Study of Hydroxychlo in Hospitalized Patients with Cov

# The NEW ENGLAND

JOURNAL of MEDICINE A Trial of Lopinavir-Ritor

with Seve

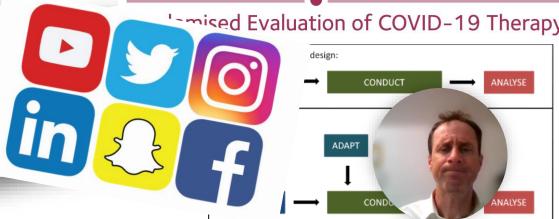
# JAMA | Original Investigation

Association of Treatment With Hydroxychlor With In-Hospital Mortality in Patient

Eli S. Rosenberg, PhD; Elizabeth M. Dufort, Mr. ~ Jessica Kumar, DO; James Tesoriero Jack DeHovitz, MD; Debra

Clinical efficacy of hydroxychloroqu

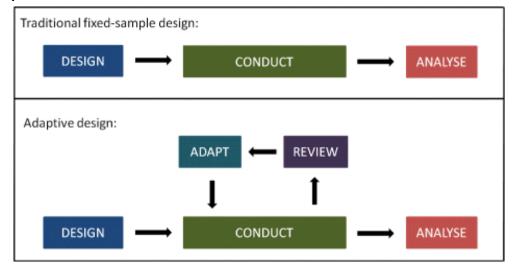
pneumonia who require oxygen: c study using routine care data PEN ACCESS ck for updates







- Protocol draft 10<sup>th</sup> March 2020
- Dexamethasone result in 98 days
- 11,000 patients enrolled





















## **NICB**

**PRECISE** study





University Hospital Galway
Ospidéal na h-Ollscoile, Gaillimh
GALWAY UNIVERSITY HOSPITALS











### **WHO COVID-19 Solidarity Therapeutics Trial**



















Tallaght Ospidéal University Ollscoile Hospital

Thamhlachta

An Academic Partner of Trinity College Dublin



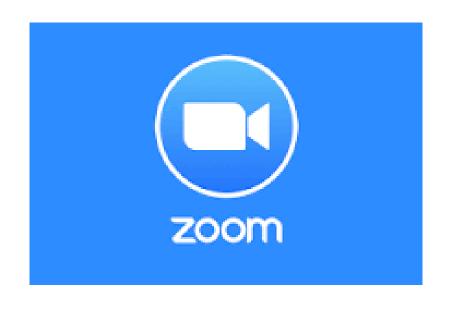
















# COVID-19 Solidarity PLUS Therapeutics Trial



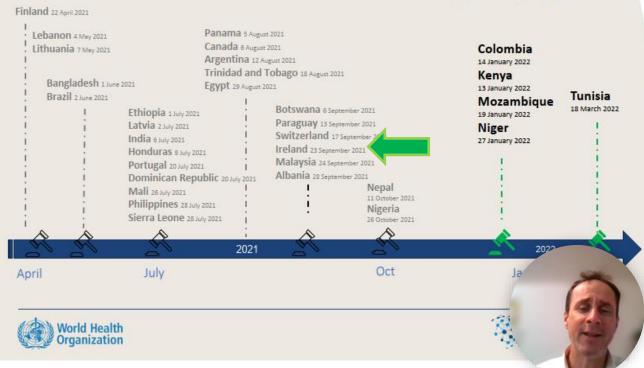
**Ethics Approvals** 



World Health Organization

# COVID-19 Solidarity PLUS Therapeutics Trial





# Non-Pharmacological

## Stay safe guidelines while cocooning.











the same group of family or friends regularly



Stay 2m away from people when outside home



possible

during designated hours as much as



times when shopping

or in someone else's

Practice good cough /sneeze hygiene. Use your elbow or a tissue



Avoid public transport as much as possible and use at off-peak times if necessary



Know the symptoms. Contact your GP immediately if you have them

### **Welcoming visitors**



Limit visitors to a small group for a short period of time, socially distanced



Open windows and doors and meet visitors in well ventilated spaces



Outdoor areas, if possible, are safer for visiting or receiving visitors

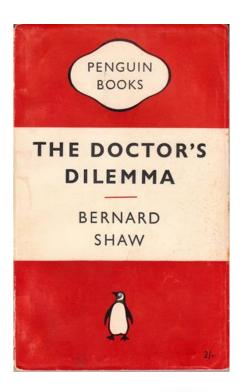


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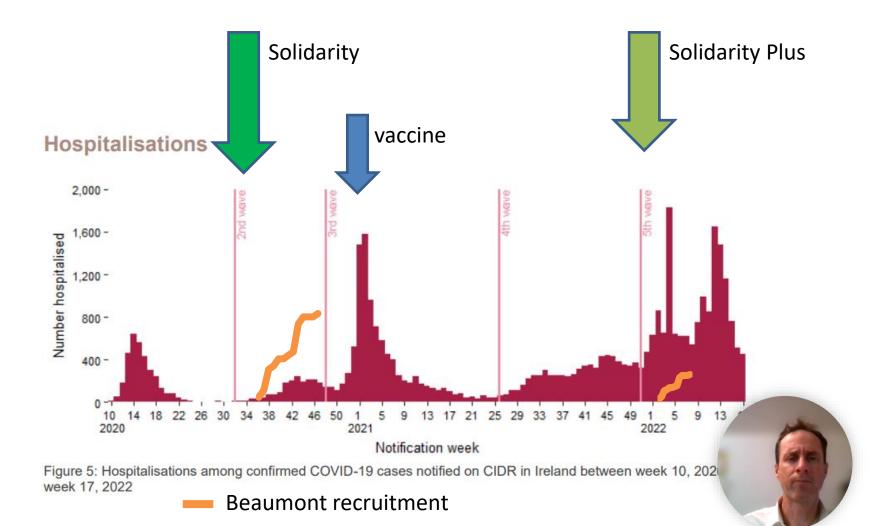


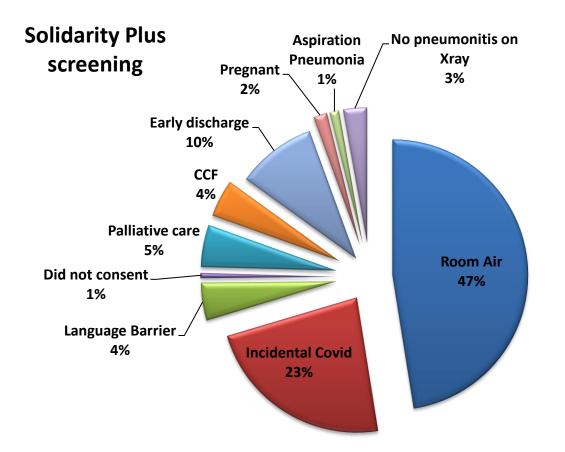


Rialtas na hÉireann Government of Ireland









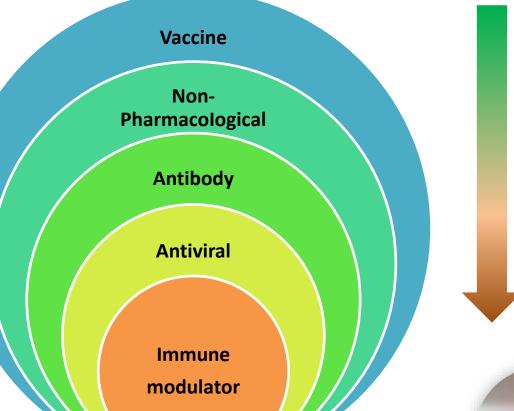






# **Interventions**









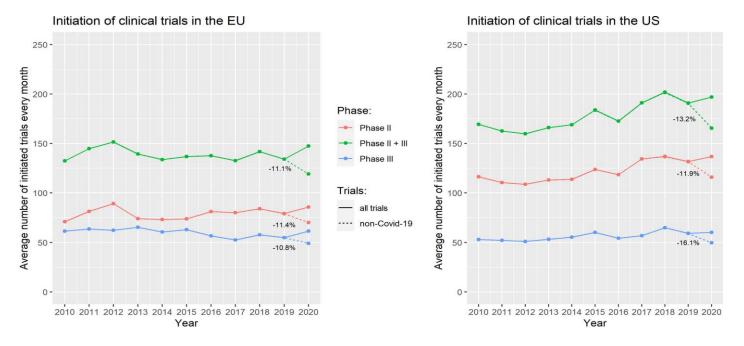
Exposure

Disease

Death

Incubation

### The Impact of COVID-19 on the Initiation of Clinical Trials in Europe and the United States



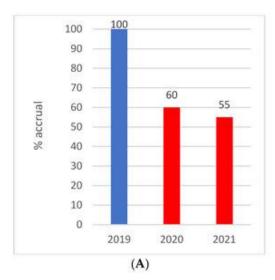
Clin Pharma and Therapeutics, Volume: 111, Issue: 5, Pages: 1093-1102,

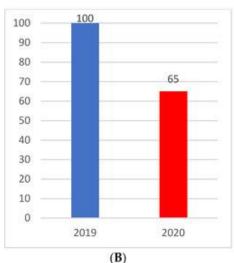
First published: 28 January 2022, DOI: (10.1002/cpt.2534)

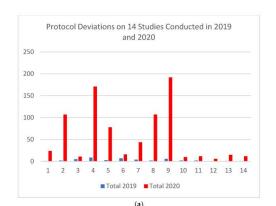


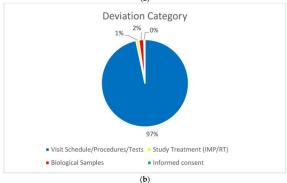
# The SARS-CoV-2 Pandemic and Cancer Trials Ireland: Impact, Resolution and Legacy

Cancers 2022, 14(9), 2247;













Makeshift intensive-care units were set up to deal with the influx of people with COVID-19.

## THE COVID PANDEMIC'S LINGERING IMPACT ON CLINICAL TRIALS

The pandemic could continue to affect studies focused on other diseases.

### By Heidi Ledford

t's like time stopped," says Emilia Bagiella, a clinical-trial statistician at the Icahn School of Medicine at Mount Sinai in New York City.

When Bagiella left work one day in early March 2020, she hadn't fully grasped how

at the US National Cancer Institute (NCI) in Bethesda, Maryland. "But when you lose time, you lose time. It's going to delay results."

### **Enrolment paused**

For many regions in the United States, the biggest blows to clinical research came between March and May 2020. Trial enrolment plumoften focus on establishing the safety of a new medicine — were more likely to pause enrolment than were larger trials designed to demonstrate how well a therapy works against disease, Mooney found when analysing data from two large NCI study networks.

The pandemic also took a bite out of new study launches: one analysis, which examined more than 62,000 trials that started before and during the pandemic, found that the number of studies initiated in the United States from February to May last year was only 57% of what would have been expected had the pandemic not occurred (J. M. Unger and H. Xiao Trials 22, 260; 2021). The impact outside the United States was smaller, with 77% of the expected number of new studies launching.

### Flexible arrangements

Funders and the US Food and Drug Administration responded with a series of guidelines on how clinical trials could be altered to allow them to continue during the public-health emergency. Investigators were allowed to deliver some experimental medicines to participants' homes, and participants could use online platforms to consent to taking part in a clinical trial. Investigators lengthened the time between doctors' visits for some study participants and performed more of those visits remotely. And participants were sometimes allowed to visit their local doctor for basic procedures and assessments, rather than travelling to a central study site.

Charles Blanke, an oncologist at Oregon Health & Science University in Portland, credits those policies with getting SWOG's enrolment back up to near-normal levels, and keeping it there even during the country's biggest COVID-19 surge, in early 2021. "We truly believe this made a gigantic difference," says Blanke. "And we and our patients are desperate to keep it in place."

But that added flexibility could have come at

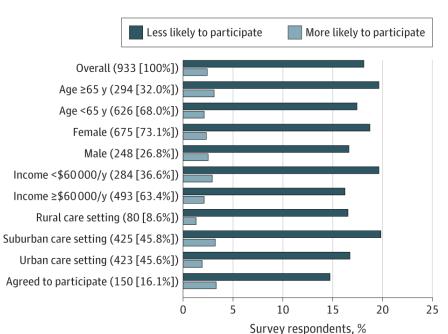
- Funding pattern
- Screening and enrolment
- Local procedures
- Biobanks
- Patient willingness



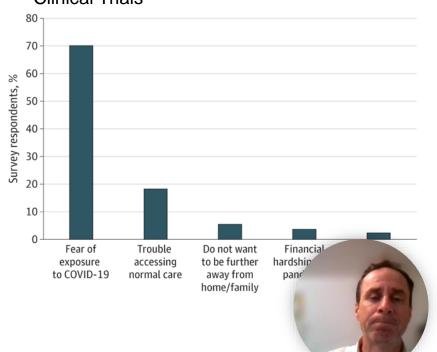


From: Association of the COVID-19 Outbreak With Patient Willingness to Enroll in Cancer Clinical Trials

JAMA Oncol. 2021;7(1):131-132. doi:10.1001/jamaoncol.2020.5748



# Reasons for Reduced Likelihood of Participating in Clinical Trials



# Beyond the lessons learned from the COVID-19 pandemic: opportunities to optimize clinical trial implementation in oncology

Editorial

Table 1. Obstacles in clinical research and their changes during the pandemic	
Obstacles in clinical trial research before the SARS-CoV-2 pandemic	Deterioration during the SARS-CoV-2 pandemic
Excessive burden of administrative tasks Organizational, resource, and staff limitations to accommodate a growing number of novel-design clinical trials	More difficult to accommodate with restrictions in clinical and research activities  Pandemic and quarantine policies significantly affected research staff availability and their burnout levels; significant reduction in clinical trial performance; inability to rapidly adapt
Excessive time in research meetings (local visits, audits, and	to new research and clinical conditions  Extremely difficult to accommodate with lockdown policies and reduced staff available
data monitoring events) Length and complexity of informed consent	Patient empowerment reduced due to the distancing between investigators, patients, and caregivers; more reconsents needed
Patient difficulties to access research centers (living far, elderly, comorbidities, economic conditions)	Aggravated following lockdown measures and quarantine policies
Disproportionate/unnecessary number of time-demanding clinical trial appointments for patients	More difficult to maintain following lockdown measures and changes in hospital-care and research pathways
Restrictive eligibility criteria and under-representation of real-world population	Increased difficulty to keep enrollment goals with many patients reducing their hospital visits; low representativeness of patients at a higher risk of death from COVID-19 (e.g. elderly; patients with cancer or heart dysfunction) in vaccine pivotal trials.
Weak correlation between some surrogate endpoints and clinical meaningful outcomes	Unprecedent short landmarks in time for (COVID-19) vaccines efficacy considering the global urgency.
Significant dropout rates from clinical trials due to excessive administrative load, visits, or uncertainties with treatment efficacy and toxicity	Patients refraining from visiting cancer centers for treatments or follow-ups

COVID-19, coronavirus disease 2019; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2.

### Table 2. Pathways for optimizing oncology clinical trial implementation based on the coronavirus disease 2019 (COVID-19) pandemic experience as a catalyst

#### **Pathways**

### Reduce administrative load, optimize performance of clinical trials

- · Reduce redundant documentation or procedures in strict compliance with good research practices
- · Revisit burdensome internal procedures of research sponsors
- · Reduce on-site and increase remote visits for research staff meetings, audits, and monitoring
- . Increase the use of validated artificial intelligence tools and text-mining technologies for data collection and monitoring
- . Develop organizational flexibility for novel research methodologies and technologies
- . Optimize research cooperation with national and international networks expanding clinical trial access to more centers and patients
- . Develop shared databases of resources and operational information related to investigators and logistics of trial implementation

### Improve informed consent

- · Simplify informed consent (IC) and reconsent documents using readability methodologies
- Promote use of remote electronic consent (eConsent), by either videoconference (oral) or procedures for e-signatures. Facilitate face-to-face meetings when
  easy to schedule or requested by patients
- · Develop specific eConsent guidelines to ensure patient empowerment
- . Engage patient representatives in the development of IC and eConsent documents
- · Increase patient literacy in clinical trial research, improving sources of e-information and web-based networking

#### Promote telemedicine and decentralize point of care

- Expand use of telemedicine in oncology clinical trials
- · Provide research, training, and validate guidelines for telemedicine and remote procedures in clinical trials
- Develop and use validated electronic patient reported outcomes and tools (quality of life scales; wearable devices; phone apps; online reports) with continuous data collection from patients, particularly in the adjuvant and curative trial settings
- · Involve regional centers close to patient residency as co-research institutions, allocating proper training and incentives
- · Allow examinations (clinical; laboratory; radiology) to be performed close to patient home with easy assessment by the main research institution
- . Deliver oral medicines to patient homes, with accountability, monitoring, compliance and follow-up procedures in place

### Optimize clinical trial impact: trial population, endpoints, and validation

- Use broader inclusion criteria in trials in select clinical circumstances, simulating real-world settings
- · Further develop novel trial designs, based on molecular enrichment, master protocols, and pragmatic control arms
- · Promote generation of real-world evidence from well-designed, high-quality complementary RWD studies
- When surrogate endpoints are used in trials in areas of unmet need, validate any benefit from new drugs with the impact on clinically meaningful patientcentered endpoints in trials supplemented by RWD, preferably on overall survival and/or quality of life
- Build consensus on significant methodology and quality requirements of RWD, along with development and validation of artificial intelligence tools linked to clinical evaluation of therapeutics and biomarkers

RWD, real-world data.



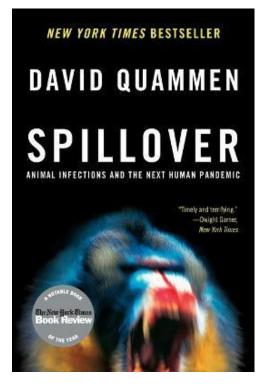


The impact of the COVID-19 pandemic and the societal restrictions on the health and wellbeing of the population, on our staff and on health service capacity and delivery:

A plan for healthcare and population health recovery

















The Lancet Commission on lessons for the future from the COVID-19 pandemic

The Lancet Comissions | Vol 400, Issue 10359, October 08, 2022









- Speed & flexibility
- Infrastructure
- Networks
- Patient and public engagement

