

# Changes in the Clinical Research Environment: National Research Ethics Committees (NRECs)

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# National Office for Research Ethics Committees A significant change in the clinical research environment

- Established in March 2020
- Independent office with statutory role
- Key player in the regulation of health research
- Office provides operational support to National Research Ethics Committees (NRECs)
- NRECs will provide a 'single national ethics opinion' on applications
- NRECs assembled in prescribed areas of health research over time by Head of National Office and appointed by Minister for Health







## **VISION**

Ireland's system of research ethics review cultivates the benefits of health research for patients and the public.

## **MISSION**

The National Office will embed a robust, transparent and cohesive research ethics review system that strengthens the national research infrastructure.

To deliver a robust and transparent system for NRECs that provides competent and timely ethics review.



To engage with the research ethics committees community, researchers and the wider public to facilitate education on ethical decision-making.



To be an agile and trusted office in national public service.



STRATEGIC PRIORITIES



02

To be a thought-leader in the research ethics arena by seeding discussion, advancing debate, and providing trusted information.



## NREC COVID-19 SUMMARY INFO

## **GENERAL**

**Applications** & Decisions\*

April to August 2020





TOTAL

**PROVISIONAL APPLICATIONS APPROVALS** CONSIDERED





FINAL **APPROVALS** 



**DECLINES** 

\*Data to be updated as decisions are finalised

## RESEARCH **CATEGORISATION**

according to the Health Research Classification System standard



|                                 | #  |
|---------------------------------|----|
| Cancer                          | 05 |
| Cardiovascular                  | 05 |
| Generic Health<br>Relevance     | 19 |
| Infection                       | 49 |
| Neurological                    | 02 |
| Respiratory                     | 13 |
| Inflammatory &<br>Immune System | 05 |
| Mental Health                   | 14 |
| Metabolic                       | 01 |
| Skin                            | 02 |

RESEARCH

**ACTIVITY** 

| Aetiology                | #<br>44 |
|--------------------------|---------|
| Detection &<br>Diagnosis | 09      |
| Disease<br>management    | 05      |
| Health Services          | 17      |
| Prevention               | 05      |
| Treatment<br>Evaluation  | 12      |
| Underpinning             | 04      |

\*Some studies are counted across multiple categories and activities



## **GENDER BREAKDOWN**

of lead researcher on each application





\*Gender data was not collected: this is an assumption based on researcher name



Dublin 27

Cork 07 Limerick 04

Galway 04

Kildare 03

Louth 02

Offaly 01

Kilkenny 01

Kerry 01

Waterford 01

Wexford 01

Donegal 01

Sligo 01

Tipperary 01

Cavan 01

Mayo 01

Monaghan 01

Clare 01

Laois 01

Roscommon 01





# European regulatory developments driving changes to clinical research in Ireland

## **EU Medical Device Regulation**

(No. 2017/745)





Coordinated national opinion within 55 days







Harmonise rules for conducting research in these important areas throughout the EU

- Improve consistency
- Increase collaboration
- Increase transparency
- Increase safety standard stringency
- Electronic submission & assessment

## **EU Clinical Trial Regulation**

(No. 536/2014)



Single national opinion within 60 days





Scheduled Jan 2022



## Demonstrating best practice in establishing of NRECs











March 2020

August 2020

Dec 2020

May 2021

Jan 2022







## **National Research Ethics Committee – Review**



**Process** 

- Similar review format across NRECs
- Timeframe for responses stipulated by European Regulations



## **SUBMISSION**

**Application** Deadline

Electronic

**Application** Validation





#### **REVIEW**

**Ethics Focus** 

Secure Online Reading Room

**Review Leads** 





## NREC **MEETING**

Virtual

Quorum

Consensus







### **DECISION**

Queries / Conditions

**Applicant** Response

Final Approval

#### NATIONAL OFFICE FOR RESEARCH ETHICS COMMITTEES

# Mixed-model system - Supporting research ethics across the spectrum of health research



## **National Research Ethics Committees**

- All Clinical Trials of Investigational Medicinal Products - NREC-CT
- All Clinical Investigations of Medical Devices - NREC-MD
- Independent
- Single national ethics opinion
- Monitored
- Appeals mechanism





### **Local Research Ethics Committees**

- Including 32 public health service RECs
- All remits beyond that prescribed for NRECs
- Local jurisdiction, locally applicable opinions
- Reform pending HSE Reference RECs with potential for multisite decisions



- Ionising radiation
- Working relationship between St Luke's REC & National Office
- Single national ethics opinion
- Model best practice











Skilled & educated workforce in healthcare & research



Strong industry footprint





International visibility & strong networks



Supporting infrastructures for health research



Healthy R&D investment





## THANK YOU

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Enabling a trusted national ethics opinion

